

# **Hypertension – the leading risk factor for disease burden globally**

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Non-optimal blood pressure is the leading cause of premature death and disability globally. While effective pharmacotherapeutic approaches blood pressure control exist, most people with hypertension are not detected, treated or have their blood pressure levels adequately controlled. In this presentation, some of the main challenges to therapeutic control in patients with hypertension will be discussed, as well as some key recent developments in the field.